

Choco-Oat Energy Bites



PIECES
20

PREP TIME
10 MIN

REFRIGERATION TIME
30 MIN

TOTAL TIME
40 MIN

These no-bake energy bites are brimming with wholesome oats, rich peanut butter, decadent chocolate, and an array of delightful ingredients, for a delectable & satisfying snack.

ORGANIZING
a Plant Based Life.com

Ingredients

Directions

1

- 1 C Rolled Oats
- ½ C Chunky Peanut Butter of Choice
- ½ C Vegan Chocolate Chips
- ¼ C Ground Flax
- 2 T Maple Syrup
- 1 T Chia Seeds
- 1 tsp Vanilla

- Combine all ingredients in medium bowl and mix together until well combined.
- Form into 1" balls, place onto parchment sheet covered cookie sheet.
- Refrigerate for 30 minutes.
- Place bites into sealed container and refrigerate up to 30 days.

2

OPTIONAL MIX-IN'S

- Coconut Flakes
- Raisins
- Chopped Nuts

- ✧ Think another ingredient might be a great fit? Mix it in or omit something else, there is no right or wrong to this recipe.
- ✧ Also, these measurements are just a recommendation, feel free to adjust them as desired.