

Crispy v-BLT

SERVINGS
2

PREP TIME
10 MIN

COOK TIME
5 MIN

TOTAL TIME
15 MIN

Craving a summer BLT but committed to being plant based? You no longer have to worry about that - with several varieties of tasty vegan bacon on the market you can have it all!



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Ingredients

Directions

1

- Vegan Bacon of Choice
- 4 Slices Hearty Whole Grain Bread of Choice

- Prepare vegan bacon according to package.
- Toast bread.

2

- Vegan Mayo to Taste
- 1 Large (or 2 Small) Tomatoes
- 2 Large (or 4 Small) Slices of Favorite Lettuce (like Romaine, Bibb, or Iceberg)

- Spread vegan mayo on slices of toasted bread.
- Slice and add tomatoes on top of bread. Salt tomatoes to taste.
- Add a few slices of vegan bacon to sandwich as desired.
- Cut lettuce to size and place on top of bacon.
- Assemble sandwich and ENJOY!