

Superstore Grocery

Local Market

Produce	Refrigerated	Grocery		
				Wheat Pita Pockets
Cucumbers	Almond Milk	Sliced Olives		Guittard Chocolate Chips
Shred Carrots	Tofurky Sausg	Org Kidny Beans		Guacamole
Tomatoes	Hummus	Vegetable Broth		Violife Cheese
Mushrooms	Violife Cheese	Sun Dried Tomat		Donkey Chips
Radishes	Just Egg	OvnRst Almonds		Gardein Products
Peppers	v-Butter	Sunflowerr Kernals		
Onion/Red Onion		Cereal		
Celery		Muesli		
Spinach/Spring Mix	Frozen	Steel Cut Oats		
Kale / Romaine	Gardein Prod's	Raisins		
Bag Cabbage Slaw	Mrngstr Ital Sa	Coffee		
Purple Cabbage	Boca Chx/Burger	Hamburger Buns		
Zucchini		Bagels		
Cauliflower		Bread		
Spaghtti Sqush		MisnSS Fl Tortillas		
Avocado				
Bananas				
Lemons / Limes				

Warehouse Club

Produce	Refrigerated	Frozen	General Food		Pharmacy
Apples	Brussel Sprouts	Triple Berries	Granola	Kidney Beans	Protein Powder
Fruit	Asparagus	Blueberries	Cereal	Black Beans	
Mandarins	Baby Carrots	Mixed Veggies	Vegetable Broth	Garbanzo Beans	
Grape Tomato	Broccoli	StirFry Veggies	Lemon Juice	Pistachios	
Potatoes	Green Beans	Riced Cauliflower	Pumpkin Seeds	Cashews	
	Spinach / Sprg Mix	Unrustables	Hemp Seeds		Misc
	Peppers		Chia Seeds		Paper Towel / TP
	Hummus		Flax Seed		
	Tofu		Pasta Sauce		
			Quinoa		

Whole Fds Trader Joe's

V-Mac & Cheese	Kale Pesto	Artichokes	Soyaki	Pizza Crust	Edamame
V-Gyro	Nacho Dip	Jackfruit	Diced Tomat	V-Chx Nuggets	Potatoes
V-Bacon	English Muffns	Godss/Balsam Drs	Nooch	V-Mandar Chx	
All Frozen Aisle	Tortilla's	Soup/Veg Chili		Fried Rice	
	Super Bread	Refrd Blk Bns		Tempura Caulif	
		Lentils		Gyoza-Dmplng	