Lions Mane Ramen

SERVINGS PREP TIME COOK TIME TOTAL TIME 2 10 MIN 20 MIN 30 MIN

A cozy, plant-based bowl packed with umami-rich mushrooms, crisp veggies, and slurpable ramen noodles in a flavorful broth. Comforting, quick, and seriously better than takeout!



ORGANIZING

Ingredients	Directions a Plant Based Life.com
1 Pkg Lions Mane Mushrooms, approx 12 oz Drizzle Olive Oil Sprinkle of Garlic Powder, Italian Seasoning, and Nature's Seasons (Salt & Pepper Seasoning)	PREPARE MUSHROOMS ■ Gently clean mushrooms with a damp cloth. ■ Tear mushrooms into small, bite-sized pieces. ■ Drizzle olive oil in sauté pan over medium high heat. ■ Add mushrooms to the hot pan and sprinkle on seasonings to taste. ■ Cook until golden brown on both sides, about 4–6 minutes per side. ■ Remove from pan and set aside.
•Drizzle Olive Oil •2 Medium Zucchini •Handful Shredded Carrots •1 Small Head Broccoli •Sprinkle of Nature's Seasons	PREPARE VEGGIES Note: This recipe works great with just about any veggie. Choose 3 of your favorites and cook separately or together. Aim for a crisp-tender texture with each veggie. □ Dice zucchini and cut broccoli into small pieces. □ Drizzle olive oil into hot pan. □ Add all veggies (including carrots) to pan and sprinkle with Nature's Seasons to taste. □ Sauté until crisp tender. □ Remove and set aside.
•4 Cups Water •Favorite Vegan Bullion, Approx. 2 tsp - TO TASTE •2 Individual Packages Ramen, Any Flavor •Water	PREPARE RAMEN ■ Add water to a clean pan and stir in your preferred amount of bouillon, to taste. ■ Bring to a boil and test seasoning. Add more bullion if needed. ■ Discard the seasoning packet from the ramen. ■ Add ramen bricks to boiling water and cook according to package.
OPTIONAL •2 Green Onions	ASSEMBLE & SERVE ■ Add ramen to bowls and top with the sautéed veggies and mushrooms. ■ Garnish with sliced green onions, if desired.